



## OAHPERD Advocacy Priorities – 2018

Members can be involved in advocacy efforts at the local, state and federal levels.

**Local – Be an advocate for YOUR health and physical education program!**

- Health Education
  1. Meet Health Education Requirements: Does your school have a health education that includes all required content?
    - **K-6:** [\(ODE\)](#)
    - **7-8:** [\(ODE\)](#)
    - **9-12:** 60 hours of instruction to earn .5 unit. [\(ODE\)](#)
  2. Meet the requirements for:
    - **Credit Flexibility** – Complete the school’s credit flexibility plan that aligns with the district’s standards and outcomes. [\(ODE\)](#)
    - **Advanced Credit** – To earn High School credit students must first complete the middle school curriculum, then complete the high school curriculum.
    - **Online** – Online curriculum must meet Ohio requirements and align with district curriculum.
  3. Standards-based, Skill-focused Health Education Curriculum
- Physical Education
  1. Quality Physical Education – Aligned curriculum, completing Ohio Physical Education Evaluation, reporting data, and using data to improve student learning and enhance curriculum
  2. Meet the requirements for:
    - **Credit Flexibility** – Complete the school’s credit flexibility plan that aligns with the district’s standards and outcomes. [\(ODE\)](#)
    - **Advanced Credit** – To earn High School credit students must first complete the middle school curriculum, then complete the high school curriculum. (See last question at [ODE](#)).
    - **Online** – Online curriculum must meet Ohio requirements and align with district curriculum.
  3. Physical Education Waiver - [ODE](#)
    - Fighting for High School Physical Education and Stopping the Waiver
      - Share the importance of the physical education standards
        - Can you afford NOT to meet these outcomes?
      - Difference between physical activity and physical education
  4. Meet Ohio’s Physical Education Requirements
    - **K-6:** [\(ODE\)](#)
    - **7-8:** [\(ODE\)](#)
    - **9-12:** 120 hours of instruction to earn .5 unit. [\(ODE\)](#)
- Professional Development and Curriculum Support

1. Encourage your district to support professional development specific to health and physical education teachers.
- Student Health – Policies and practices for healthy and active students
  1. Whole School, Whole Child, Whole Community
    - Be a leader and facilitator for your school to focus on developing the whole child. Utilize existing resources and frameworks including school wellness plans, strategic planning, PBIS and safety initiatives to support healthy, safe, engaged, supported, and challenged students.
  2. Drug Prevention
    - Meet the requirements of HB 367 – Opioid Prevention Education
    - Develop a school-wide drug prevention plans for consistent messages about making healthy choices.
  3. Safe & Healthy Schools
    - Support School Climate and Student Supports.
  4. Physical Activity
    - Meeting Ohio’s Physical Activity Report Card Indicator: 30 min of MVPA each day or 150 min each week [ODE](#)
      - CSPAP: Physical Activity breaks, Recess, Before/After School Physical Activity

### **State**

- Health Education
  1. Health Education Standards – Advocate for Ohio to become the 50<sup>th</sup> state to have state health education standards.
  2. Develop Health Education Model Curriculum (K-12) to support schools to develop a standards-based, skills-focused curriculum
- Physical Education
  1. Quality Physical Education – Support the continued implementation of the Ohio Physical Education Standards, Physical Education Evaluation, and Ohio Physical Education Model Curriculum.
  2. Removal of Physical Education Waiver
- Student Health
  1. ODE Strategic Plan – policies and practices that support student health and the development of the Whole Child.
  2. Partnerships and policies to support the Whole School, Whole Child, and Whole Community Approach.
- Whole Child Approach
  1. Continue to support our education partners in providing a well-rounded education that develops the whole child.

### **Federal**

- Every Student Succeeds Act
  - Fully fund Title I, Title II, Title IV-A to support health and physical education as part of a well-rounded education
  - Include in the accountability and school improvement monitoring of chronic absenteeism and school climate as an indicator of school quality.
- Continued support of a well-rounded students, safe and healthy schools, and educating the whole child.
  - Utilize [SHAPE America’s Ohio Toolkit](#)