

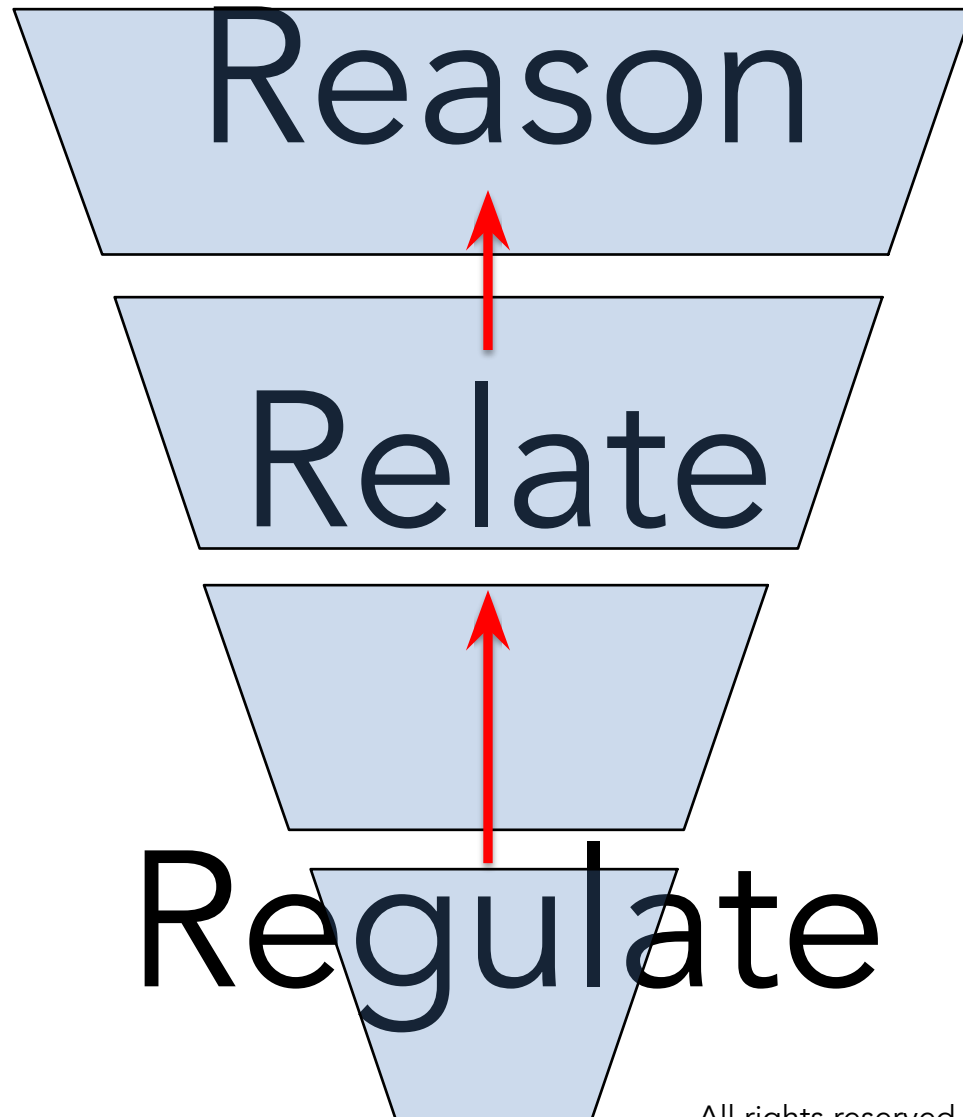
Building Relationships

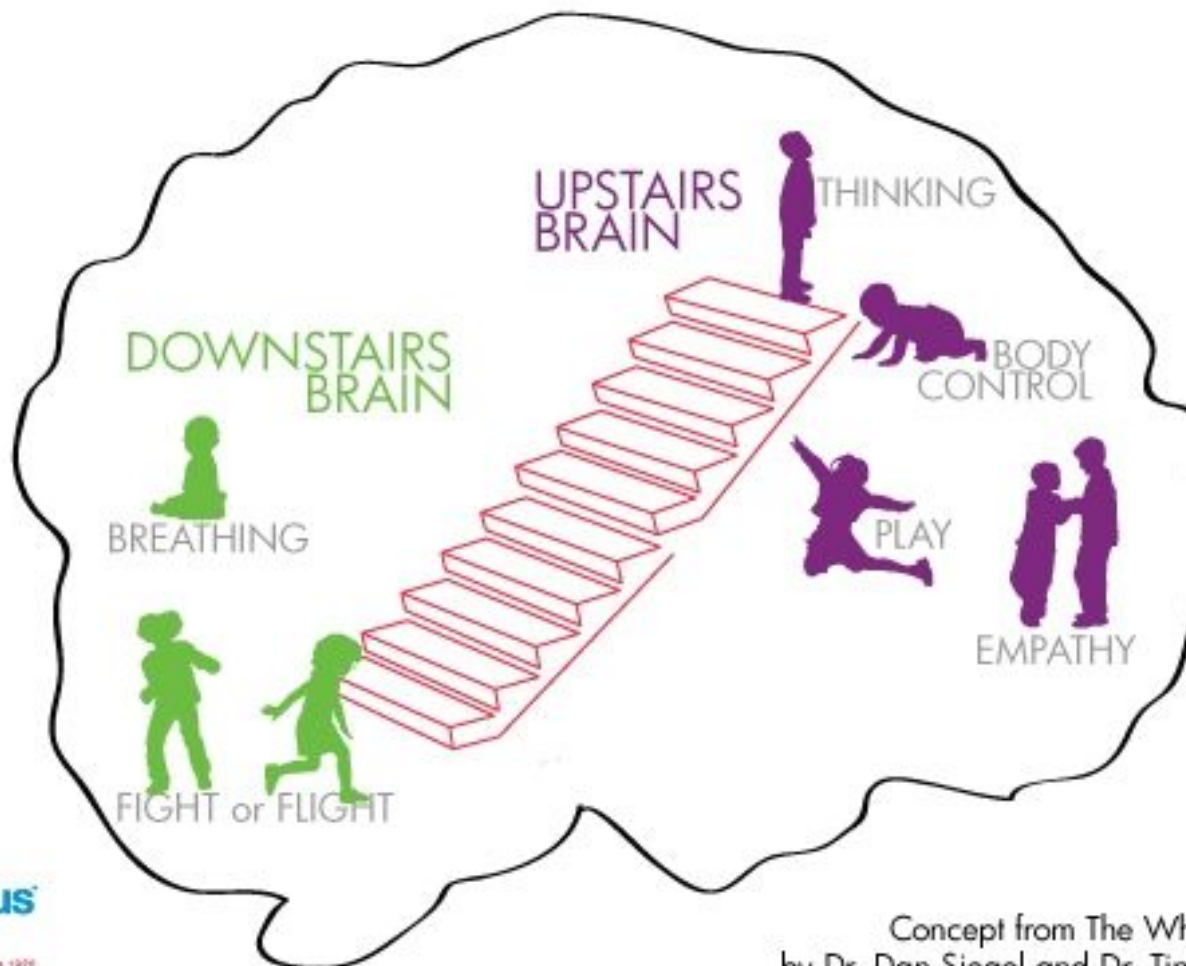


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Sequence of Engagement







Regulation:

“ to put time and thought between a feeling and an action” - *Bruce Perry*



Dysregulation:

state of distress

Activated stress response system



Flight

- Withdrawing
- Fleeing the classroom
- Skipping class
- Daydreaming
- Seeming to sleep
- Avoiding others
- Hiding or wandering
- Becoming disengaged

Fight

- Acting out
- Behaving aggressively
- Acting silly
- Exhibiting defiance
- Being hyperactive
- Arguing
- Screaming/yelling

Freeze

- Exhibiting numbness
- Refusing to answer
- Refusing to get needs met
- Giving a blank look
- Feeling unable to move or act










Rephrasing

TED Talk: Aimee Mullins The Opportunity of Adversity
“Our language affects our thinking and how we view the world and
how we view other people.”

Lazy Student	Struggles with motivation when....
Low Student	Has challenges with....
Bad Kid	Has behavior challenges when...
SPED Kid	Student with an IEP
The student didn't respond to the intervention	The intervention was ineffective

YOUR WORDS

MATTER

	INSTEAD OF...	TRY
	Be quiet.	Can you use a softer voice?
	What a mess!	It looks like you had fun! How can we clean up?
	Do you need help?	I'm here to help if you need me.
	I explained how to do this yesterday.	Maybe I can show you another way.
	Do I need to separate you?	Could you use a break?
	Stop crying.	It's okay to cry.
	Do you have any questions?	What questions do you have?
	You're OK.	How are you feeling?
	It's not that hard.	You can do hard things.
	We don't talk like that.	Please use kind words.

**WE ARE
TEACHERS**

Connect Before You Correct!

A male teacher with glasses and a light blue shirt is smiling and looking towards a group of students in a classroom. In the background, there are colorful letters 'M', 'D', 'S' on the wall and a sign that says 'YOU'.

Empathy leads to

Regulation



Relate

What limits our ability to make connections with adults and students?

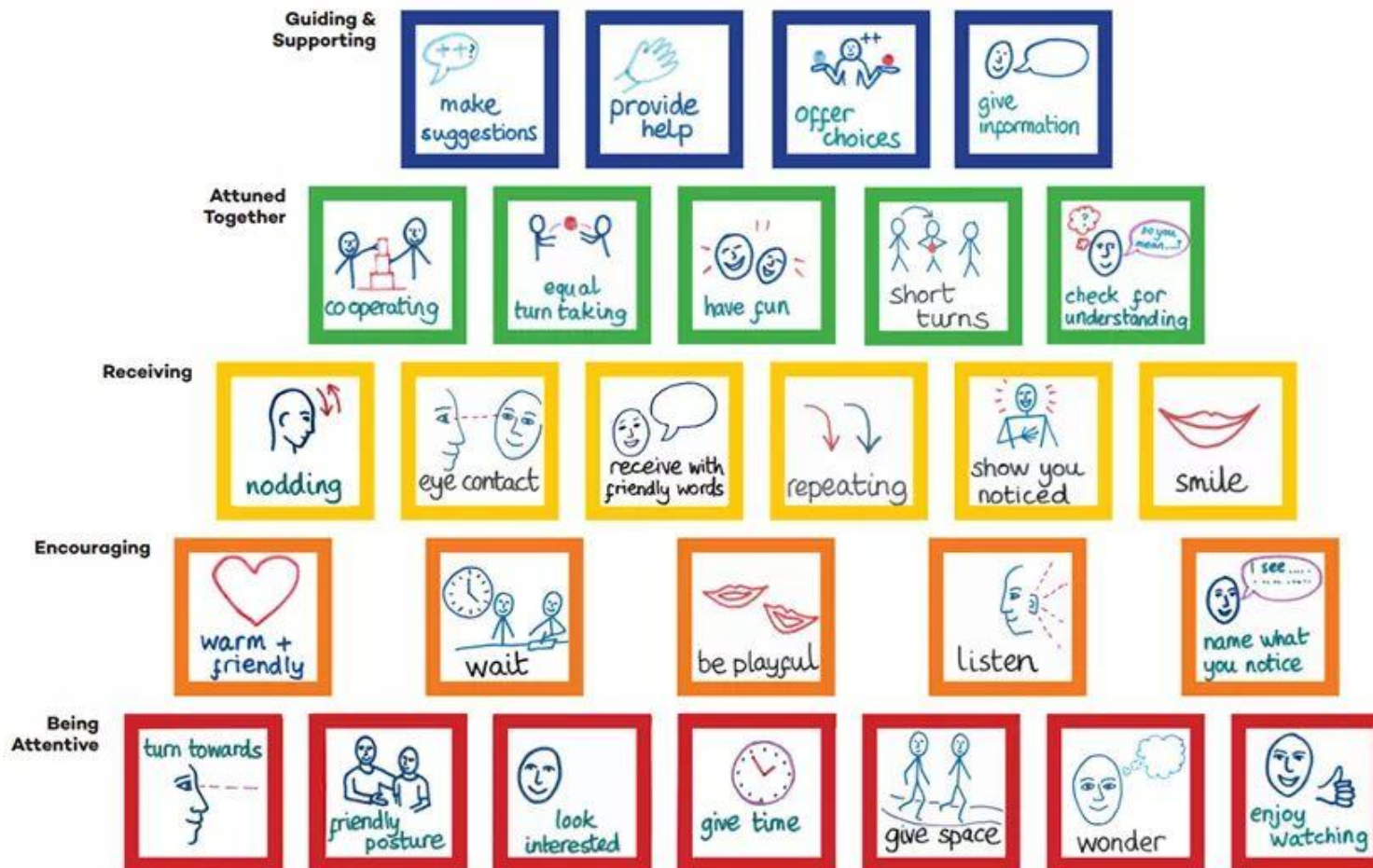


**IT STARTS WITH STAFF
RELATIONSHIPS**



Greet everyone by name:
1st 7 seconds of an interaction
should be positive

Principles of Attunement



Culture Ownership



End of the Day Exit Slip

What was your favorite part of the day?

What was tough about today?

What is one kind thing you did for someone today?

What do you hope to learn tomorrow?

What made you smile today?



Relate

Time to get to know each other

Socialize

Common Interests

Be Silly

Play

Repair Relationships

Smile

Listen

Supportive Language

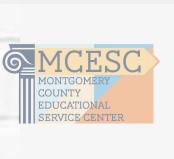
Share

Greet

“

People don't change their behavior
when other people yell at them,
shame them, or send them away to be alone.
People change their behavior when they feel heard,
understood, and loved.
Growth and change require connection and compassion.

KATIE HURLEY, LCSW



Thank You!



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