

# OAHPERD Summer Institute

## June 6 & 7, 2023

### Cherry Valley Hotel, Newark OH



TUESDAY, JUNE 6		
TIME	ROOM	TITLE - PRESENTER
9:30 AM	Woodhull Foyer	<b>Registration Opens</b>
10:00 AM	Woodhull AB	<b>Welcome &amp; Opening Announcements</b> –Mary La Vine, Traci Grissom
10:15 AM	Woodhull AB	<b>Adventure Based Learning</b> – Obi Atkinson, Sam Meyerhoff
11:15 AM	Woodhull AB	<b>Breakout Session I: Do This Not That: Disciplinary Literacy in Health &amp; PE</b> – Dayna Daltorio
11:15 AM	Woodhull CDE	<b>Breakout Session I: No Money? NO APE teacher? NO equipment? NO space? NO PROBLEM! Lifelong fitness is the way to go</b> – Peggy Mills
12:15 PM	Woodhull AB	<b>Lunch</b>
1:00 PM	Woodhull AB	<b>Roundtable Discussions: How to Advocate for your Program</b> - Mary La Vine, Traci Grissom
2:00 PM	Woodhull AB	<b>DEI: Beginning to Create a Diverse, Equitable, and Inclusive PE Space</b> – Sam Meyerhoff
3:00 PM	Woodhull AB	<b>Breakout Session II: Health Education Session</b>
3:00 PM	Woodhull CDE	<b>Breakout Session II: Mindfulness &amp; Movement</b> – Clay Eilerman
4:00 PM	Woodhull AB	<b>health.moves.minds.</b> - Sasha Taylor
6:00 PM	CK Pub	<b>Reception</b>
7:00 PM		<b>Explore Granville</b>

WEDNESDAY, JUNE 7		
TIME	ROOM	TITLE - PRESENTER
8:30 AM	Woodhull AB	<b>Breakfast &amp; Registration Open</b>
9:00 AM	Woodhull AB	<b>Morning Announcements</b> –Mary La Vine, Traci Grissom
9:15 AM	Woodhull AB	<b>Breakout Session I: All I Ever Needed to Know I Learned in PE</b> – Kathy Casper
9:15 AM	Woodhull CDE	<b>Breakout Session I: Mindfulness &amp; Movement</b> – Clay Eilerman
10:15 AM	Woodhull AB	<b>Coming Out Stars: An Embodied Brave Space Experience</b> – Sam Meyerhoff
11:15 AM	Woodhull AB	<b>Breakout Session II: Adventure Based Learning Activities and Beyond</b> – Sam Meyerhoff
11:15 AM	Woodhull CDE	<b>Breakout Session II: Elementary Field Day Ideas</b> – Kathy Casper
12:15 PM	Woodhull AB	<b>Lunch</b>
1:00 PM	Woodhull AB	<b>Sending a Message: Advocacy for Health Education, Physical Education, and the Whole Child</b> – Kevin Lorson
2:00 PM	Woodhull AB	<b>Breakout Session III: Providing SEL Using the Sport Education Model</b> – Heather Barbour
2:00 PM	Woodhull CDE	<b>Breakout Session III: Health Education Session</b>
3:00 PM	Woodhull AB	<b>health.moves.minds</b> - Sasha Taylor & Traci Grissom
4:00 PM	Woodhull CDE	<b>Closing</b> - Mary La Vine

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## **SESSION DESCRIPTIONS:**

### **All I Ever Needed to Know I Learned in PE - Kathy Casper**

It's time to pay it forward and share ideas, instant activities, procedures, resources, and teaching strategies I have learned in 30 years of teaching elementary physical education. Everything I have learned, I have learned from other amazing physical education teachers, some in our local community, and many in our online community.

### **APE: No Money? NO APE teacher? NO equipment? NO space? NO PROBLEM! Lifelong fitness is the way to go – Peggy Mills**

Making a difference in the physical, emotional and mental well-being of students means thinking long term, beyond their years in the schools. Learn a visual system to empower students to long term health and fitness. Use evidence based practices that are practical, and be a part of changing the statistics for young and older adults in an inclusive setting that works for ALL PE students!

### **Coming Out Stars: An Embodied Brave Space Experience – Sam Meyerhoff**

To De-link Physical Education Teacher Education (PETE) from heteronormativity the narrative needs to change. The embodied experience 'Coming Out Stars' centers participants in a world they may not understand, the coming out of an LGBTQ+ person, and allows participants to critically think, raise awareness, or enact change for future LGBTQ+ students and teachers.

### **Do This, Not That: Disciplinary Literacy in Health & PE – Dayna Daltorio**

Learn how Disciplinary Literacy (DL) can be used in your Health and PE class without the dread of "adding one more thing" to your plate. We will bring literacy to life by showing you how to make simple changes to your lessons to get content to make sense through reading, writing, thinking and doing!

### **Elementary Field Day Ideas - Kathy Casper**

Field Day is a celebration! A celebration of all that we have learned in physical education, a celebration of summer and the end of the school year, and a celebration of friendships. Often we get struggle to think of new games and activities for our field day. I will share games and a philosophy that has been successful for our school. Water games, cooperative games, alternative activities, and even a game using a leaf blower!

### **Health.Moves.Minds. – Sasha Taylor**

Learn about the comprehensive fundraising program, health.moves.minds., for your school!

### **Mindfulness & Movement – Clay Eilerman**

This presentation will cover how yoga and mindfulness training can help students who are struggling, need an alternative space or are struggling with conflict or restorative solutions. It is about creating a place to find solutions, instead of always being punished, to negate lifelong problems.

### **Providing SEL Using the Sport Education Model – Heather Barbour**

Social and Emotional Learning can be highlighted through many areas of physical education using many different techniques. In this presentation, I will be showing how all students can be included and empowered through the Sport Education model. This model can be applied for students 3rd grade-12th grade. Expect more participation from your students as you give them praise and power in PE!

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## **Sending a Message: Advocacy for Health Education, Physical Education, and the Whole Child -**

Kevin Lorson

This presentation highlights state and local advocacy efforts to promote health, physical literacy, and the whole child. Advocacy includes navigating the legislative process; joining forces with stakeholders to develop legislation or articulate a coordinated response to legislation negatively impacting teachers and students; and constructing resources to support implementation of laws/requirements. We will also discuss local advocacy activities that support quality health education and physical education as well as alignment with the Ohio Whole Child Framework.

### *Outcomes*

- Identify tools, resources, and tactics to build support for health education, physical education, and the whole child at the state and local level.
- Value the role of advocacy, relationship building and sustainable activities to engage others in supporting health education, physical education, and the whole child.
- Enhance communication and advocacy skills for health education, physical education, and the whole child.