

OAHPERD Summer Institute

June 6 & 7, 2023

Cherry Valley Hotel, Newark OH



(Tentative Agenda as of 5/11)

TUESDAY, JUNE 6		
TIME	ROOM	TITLE - PRESENTER
9:30 AM	Woodhull Foyer	Registration Opens
10:00 AM	Woodhull AB	Welcome & Opening Announcements –Mary La Vine, Traci Grissom
10:15 AM	Woodhull AB	Adventure Based Learning – Obi Atkinson, Sam Meyerhoff
11:15 AM	Woodhull AB	Breakout Session I: Do This Not That: Disciplinary Literacy in Health & PE – Dayna Daltorio
11:15 AM	Woodhull CDE	Breakout Session I: No Money? NO APE teacher? NO equipment? NO space? NO PROBLEM! Lifelong fitness is the way to go – Peggy Mills
12:15 PM	Woodhull AB	Lunch
1:00 PM	Woodhull AB	Roundtable Discussions: How to Advocate for your Program - Mary La Vine, Traci Grissom
2:00 PM	Woodhull AB	DEI: Beginning to Create a Diverse, Equitable, and Inclusive PE Space – Sam Meyerhoff
3:00 PM	Woodhull AB	Breakout Session II: Go HIRE in Health Education – Meggan Hartzog
3:00 PM	Woodhull CDE	Breakout Session II: Mindfulness & Movement – Clay Eilerman
4:00 PM	Woodhull AB	health.moves.minds. - Sasha Taylor
6:00 PM	CK Pub	Reception
7:00 PM		Explore Granville

WEDNESDAY, JUNE 7		
TIME	ROOM	TITLE - PRESENTER
8:30 AM	Woodhull AB	Breakfast Available
9:00 AM	Woodhull AB	Morning Announcements –Mary La Vine, Traci Grissom
9:15 AM	Woodhull AB	Breakout Session I: All I Ever Needed to Know I Learned in PE – Kathy Casper
9:15 AM	Woodhull CDE	Breakout Session I: Middle School PE/Health topic TBD – Clay Eilerman
10:15 AM	Woodhull AB	Coming Out Stars: An Embodied Brave Space Experience – Sam Meyerhoff
11:15 AM	Woodhull AB	Breakout Session II: Adventure Based Learning Activities and Beyond – Sam Meyerhoff
11:15 AM	Woodhull CDE	Breakout Session II: Elementary Field Day Ideas – Kathy Casper
12:15 PM	Woodhull AB	Lunch
1:00 PM	Woodhull AB	Sending a Message: Advocacy for Health Education, Physical Education, and the Whole Child – Kevin Lorson
2:00 PM	Woodhull AB	Breakout Session III: Providing SEL Using the Sport Education Model – Heather Barbour
2:00 PM	Woodhull CDE	Breakout Session III: Skills Based Health Education Think Tank – Meggan Hartzog
3:00 PM	Woodhull AB	health.moves.minds - Sasha Taylor & Traci Grissom
4:00 PM	Woodhull CDE	Closing - Mary La Vine

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SESSION DESCRIPTIONS:

All I Ever Needed to Know I Learned in PE - Kathy Casper

It's time to pay it forward and share ideas, instant activities, procedures, resources, and teaching strategies I have learned in 30 years of teaching elementary physical education. Everything I have learned, I have learned from other amazing physical education teachers, some in our local community, and many in our online community.

APE: No Money? NO APE teacher? NO equipment? NO space? NO PROBLEM! Lifelong fitness is the way to go – Peggy Mills

Making a difference in the physical, emotional and mental well-being of students means thinking long term, beyond their years in the schools. Learn a visual system to empower students to long term health and fitness. Use evidence based practices that are practical, and be a part of changing the statistics for young and older adults in an inclusive setting that works for ALL PE students!

Coming Out Stars: An Embodied Brave Space Experience – Sam Meyerhoff

To De-link Physical Education Teacher Education (PETE) from heteronormativity the narrative needs to change. The embodied experience 'Coming Out Stars' centers participants in a world they may not understand, the coming out of an LGBTQ+ person, and allows participants to critically think, raise awareness, or enact change for future LGBTQ+ students and teachers.

Do This, Not That: Disciplinary Literacy in Health & PE – Dayna Daltorio

Learn how Disciplinary Literacy (DL) can be used in your Health and PE class without the dread of "adding one more thing" to your plate. We will bring literacy to life by showing you how to make simple changes to your lessons to get content to make sense through reading, writing, thinking and doing!

Elementary Field Day Ideas - Kathy Casper

Field Day is a celebration! A celebration of all that we have learned in physical education, a celebration of summer and the end of the school year, and a celebration of friendships. Often we get struggle to think of new games and activities for our field day. I will share games and a philosophy that has been successful for our school. Water games, cooperative games, alternative activities, and even a game using a leaf blower!

Go HIRE in Health Education – Meggan Hartzog

This presentation will provide strategies in re-vitalizing your teaching. The focus of this session will include four components: Building rapport, providing expectations, providing immediate feedback, and embedding humor (HIRE).

Health.Moves.Minds. – Sasha Taylor

Learn about the comprehensive fundraising program, health.moves.minds., for your school!

Mindfulness & Movement – Clay Eilerman

This presentation will cover how yoga and mindfulness training can help students who are struggling, need an alternative space or are struggling with conflict or restorative solutions. It is about creating a place to find solutions, instead of always being punished, to negate lifelong problems.

Providing SEL Using the Sport Education Model – Heather Barbour

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Social and Emotional Learning can be highlighted through many areas of physical education using many different techniques. In this presentation, I will be showing how all students can be included and empowered through the Sport Education model. This model can be applied for students 3rd grade-12th grade. Expect more participation from your students as you give them praise and power in PE!

Sending a Message: Advocacy for Health Education, Physical Education, and the Whole Child -

Kevin Lorson

This presentation highlights state and local advocacy efforts to promote health, physical literacy, and the whole child. Advocacy includes navigating the legislative process; joining forces with stakeholders to develop legislation or articulate a coordinated response to legislation negatively impacting teachers and students; and constructing resources to support implementation of laws/requirements. We will also discuss local advocacy activities that support quality health education and physical education as well as alignment with the Ohio Whole Child Framework.

Outcomes

- Identify tools, resources, and tactics to build support for health education, physical education, and the whole child at the state and local level.
- Value the role of advocacy, relationship building and sustainable activities to engage others in supporting health education, physical education, and the whole child.
- Enhance communication and advocacy skills for health education, physical education, and the whole child.

Skills Based Health Education Think Tank – Meggan Hartzog

This session will provide an opportunity for health education teachers to collaborate with one another and leave with new lesson ideas, activities, resources, and solutions. The focus of this session is for attendees to come ready to share effective lessons, activities, and resources as well as share any areas of concern with teaching skills-based health education.