



BEST PRACTICES

for Health, Physical Education,
Recreation, and Dance

Pre-convention Workshops

Wednesday, December 1, 2010

Workshops are available to members as one-day only workshops or at a reduced price with the purchase of a full convention registration.

All pre-convention workshops will be at
Otterbein College, Clements Center
180 Center St., Westerville, OH 43081
See page 27 for Directions to Otterbein.

Cost :	\$ 75 OAHPERD Member
	\$ 50 OAHPERD Member (Discounted Price w/convention registration)
	\$ 25 Student & Retired Member
	\$ 20 Student & Retired Member (Discounted Price w/convention registration)
	\$100 Non-Member
	\$150 (SPECIAL RATE) USTA Tennis Session Including Starter Equipment

USTA School Tennis Program

Have Fun! Get Fit! Play Tennis!

9:00 A.M.—12:00 NOON

Presenters: Jim Amick, United States Tennis Association MW Representative; Sasha Taylor, Bell Creek Intermediate School

As the national governing body for the sport, the United States Tennis Association (USTA) is committed to producing relevant, up-to-date materials for physical education teachers and after-school program providers. Since 1985, under the leadership and vision of Arthur Ashe, the USTA has provided a multitude of resources enabling Physical Educators and after-school providers to effectively offer tennis in various class settings with or without tennis courts.

This program is designed to get racquets in the hands of school children through their teachers. This program will teach the teachers how to implement tennis into their curriculum or even teach tennis as an “out-of-school” activity.

Now, the newest tennis curriculum has eight easy to follow lesson plans created for teachers, by Teachers, that can be used in any school environment.

The lessons are:

- Based on NASPE standards
- Able to be taught on any flat surface—No courts required!
- Designed to fit the unique time and scheduling needs of your school

- Flexible enough to accommodate small and large groups of children
- Fun and challenging for all kids—regardless of physical and emotional needs
- Targeted towards grades K–12

All teachers need to dress to be on court during this program. This will be a fun, low-impact work out for all of those attending. Teachers will learn how to teach tennis without the traditional tennis court and ball. This program can be run inside a classroom or outside on the playground. The Certified Tennis Professionals will run the teachers through some drills and games that they can use with their students.

TENNIS is a sport of a lifetime. Help your students get fit, and stay fit through the game of TENNIS!

Base Rate: \$75.00 (or \$50.00 if registered for the convention) Each teacher that attends at this price will receive 3 hours of training and the USTA in-school curriculum package containing teacher friendly lesson plans and instructional DVD.

Special Pricing: \$150.00 The USTA has created an extensive package of resources designed to make starting a program easy and enjoyable for teachers and administrators alike. Each teacher that attends at this price will receive: 3 hour training, Equipment starter kit of 20 racquets; 2 dozen starter balls; mini-portable net; USTA In-school curriculum package containing teacher friendly lesson plans and instructional DVD; and one-year USTA membership for your school.

Ohio's National Archery in the Schools Program

**This session is offered at two different times:

9:00 A.M.—12:00 NOON
1:00 —4:00 P.M.

Presenters: Kevin Dixon, State Coordinator, Ohio National Archery in Schools Program

Ohio's National Archery in the Schools Program (NASP®) is a school curriculum taught during physical education classes for a two-week period. The program is designed to teach International target archery skills to elementary, middle, and high school students. The program curriculum is already written and meets or exceeds national physical education standards. The core content covers archery safety, equipment, technique, mental concentration, and self-improvement. The program positively influences student attendance, behavior, self-esteem, confidence, and on task behavior. Teachers attend a one-day Basic Archery Instructor training class to become certified before presenting the archery course to their students. Training is conducted by Division of Wildlife staff and volunteers who are certified Basic Archery Instructor Trainers and is provided at no cost to the teachers. Come learn more about this program; ask questions and find out how your school can become involved.

